Concept Question 3-11: Why doesn't a strictly proper transfer function have a BIBO stable and causal inverse system?

If $\mathbf{H}(\mathbf{s})$ is strictly proper, then the numerator polynomial of $\mathbf{H}(\mathbf{s})$ has smaller degree than the degree of the denominator polynomial. Then the transfer function of the inverse system $\mathbf{G}(\mathbf{s}) = 1/\mathbf{H}(\mathbf{s})$ is strictly improper, and must be unstable (see Concept Question 3-10).