Concept Question 3-14: How do we convert a function of form $\mathbf{H}(\omega)$ into one of form $\mathbf{H}(\mathbf{s})$?

Assuming $\mathbf{H}(\mathbf{s})$ is a rational function (ratio of two polynomials), $\mathbf{H}(\mathbf{s})$ and $\mathbf{H}(\omega)$ are related by $\mathbf{s} = j\omega$. Replace $-\omega^2$ with \mathbf{s}^2 and $j\omega$ with \mathbf{s} everywhere. Equivalently, replace $\omega = -j(j\omega)$.